

Health and Wellbeing Board

Wednesday 30 March

	Report for Information
Title:	Update on GreenSpace Green Social Prescribing Programme in Nottingham
Lead Board Member(s):	
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Brief summary:	<p>GreenSpace is one of seven Test & Learn green social prescribing pilots in the country, part of a £5.77m cross-governmental project (including NHSE&I, DEFRA, DHSC, PHE and Natural England). This two-year programme in the city and county, running April 2020 to April 2023 will look at how to increase use and connection to the natural environment through referral to green and/or blue social prescribing services to tackle and prevent mental ill health.</p> <p>The successful bid was led by the Nottingham & Nottinghamshire ICS in partnership with city and county stakeholders. NCVS have been contracted to manage and deliver the programme across the city and county, in recognition of the fundamental role the voluntary and community sector play in the supply side of green social prescribing and social prescribing generally.</p>

Recommendation to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to recognise the value of green social prescribing as a social intervention that can significantly contribute to addressing health priorities in the city and consider how green social prescribing can be embedded into local strategy, processes and working practice for the benefit of the mental health of city residents.

Contribution to Joint Health and Wellbeing Strategy:

Health and Wellbeing Strategy aims and outcomes	Summary of contribution to the Strategy
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities.	The project builds on the government's commitment to transform mental health services and increase social prescribing,

Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy.	<p>set out in the NHS Long Term Plan. It will also help deliver on the ambition set out in the government's 25 Year Environment Plan to help more people, from all backgrounds, to engage with and spend time in green and blue spaces in their everyday lives.</p> <p>The project is particularly important in the context of COVID-19, which has had an unprecedented impact on the nation's mental health.</p> <p>The project aims to scale up green social prescribing in the city and county, embedding it into the wider social prescribing strategy, processes and working practice in place, making it an intervention of choice for health professionals to tackle health priorities in place.</p> <p>By effectively implementing green social prescribing, the project aims to improve mental health outcomes, reduce health inequalities, reduce demand on the health and social care system, and develop best practice at a local level.</p>
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles.	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health.	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well.	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing.	

How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health

Greenspace looks to improve the mental health and wellbeing of communities for people living in Nottingham, to improve the engagement of people from areas of deprivation, those with disadvantaged backgrounds and with limited or no access to green spaces. The programme will contribute to the transformation of community mental health services in the city and aims to ensure access to green spaces and assets is easy and equitable.

Background papers:	<ol style="list-style-type: none"> 1. Powerpoint presentation including brief overview of the GreenSpace programme, key learning to date and next steps 2. Case study of patient referred into green social prescribing
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